



CHERUBS  
3650 Rogers Rd, #290  
Wake Forest, NC 27587

### What is CHERUBS?

No one knows what life is like with a child born with CDH like the other parents who have walked this path. It is a very emotional, stressful, and physically demanding time. Just knowing you are not alone can make all the difference in the world. CHERUBS was founded so that no family has to go down this path alone.

### Our Organization

CHERUBS is an international organization for families and care-givers of children and adults who are diagnosed with Congenital Diaphragmatic Hernia (CDH). As of November, 2008, we have over 2600 members in all 50 states and 38 countries. Our Board Members include the founding father of in-utero surgery, genetic counselors, epidemiologists, nurse practitioners, parents of CDH survivors and non-survivors, and some of the best pediatric surgeons in the world. We are a volunteer-run organization and a United States Internal Revenue Service recognized 501(c)(3) Non-Profit Organization.

### **For more information, you can reach us at:**

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Website: [www.cdhsupport.org](http://www.cdhsupport.org)

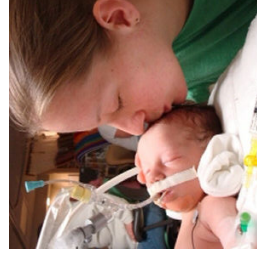


*Helping families affected by CDH*

**CHERUBS**

*The Association of Congenital Diaphragmatic Hernia  
Research Awareness, and Support*

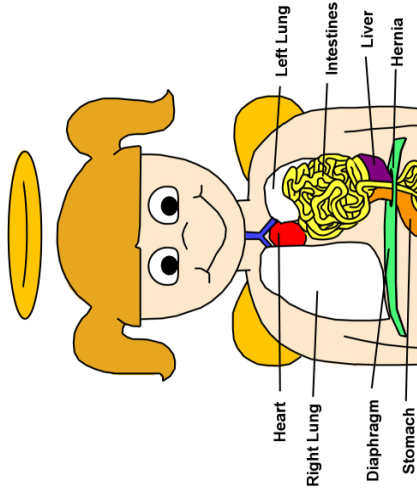
## CDH HOPE Totebag Baby Shower



Over 1600 babies are born each year in the United States with C.D.H. 50% of these babies do not survive. 50% win the CDH war but many still fight battles. Help us to fight this war against Congenital Diaphragmatic Hernia.

CHERUBS is here for these families, offering information and support, bringing awareness to Congenital Diaphragmatic Hernia and promoting research to help find the cause and prevention of this devastating birth defect.

## Congenital Diaphragmatic Hernia



www.cdhrefsearch.org

### What is CDH?

Congenital Diaphragmatic Hernia (CDH) occurs in approximately 1 in every 2,500 births (1,600 cases in the U.S. each year). The cause of CDH is not yet known. The diaphragm is formed in the first trimester of pregnancy and controls the lungs' ability to inhale and exhale. CDH occurs when the diaphragm fails to form or to close totally and an opening allows abdominal organs into the chest cavity. This inhibits lung growth.

Every patient diagnosed with CDH is different. Survival rates depend on the types and number of organs involved in the herniation and the amount of lung tissue available. There are many surgical procedures and complications that may or may not occur with each individual, including in utero surgery.

Roughly 50% of babies born with CDH do not survive. Of the 50% that do survive, most will endure long hospital stays, feeding issues, asthma and other problems. A few of the survivors suffer from severe long-term medical issues.

CDH occurs as frequently as Spina Bifida and Cystic Fibrosis, yet there is very little research being done and virtually no media coverage.



**This is an easy and FUN way to raise CDH Awareness and to fundraise for CHERUBS!**

**Type of Event / Fundraiser:** CDH HOPE Totebag Shower

**About The Event:** This is just like a regular baby shower except items are donated to our totebag project for CDH families.

**Items needed:** A Location, a host, guests, food, decorations, baby shower games (or CDH awareness trivia games!)

**Media needed:** Possibly, to raise awareness

**How Do I Set A Date:** Any day is fine!

**What is Tax-Deductible:** All items are tax-deductible.

**Who Can Participate:** Anyone! Schools, churches, local business, friends and family. Make sure to get flyers to them all.

**What Else Do I need To Do:** Take photos for CHERUBS newsletter and web site.

**What I Do I After The Event:** Thank your guests, mail the items to CHERUBS and make sure to send us a list of who donated what for our taxes and to post thank-yous on our site and newsletter.

**Our Wish List of Items Needed:** Below is a list of items that we currently include in our totebags. Each totebag is different, dependent upon the items we have currently available.

- Disposable Cameras
- Baby Blankets (any material but wool)
- CDH Baby Books
- Button up newborn or preemie shirts
- Small or preemie pacifiers
- Travel packs of tissues
- Chapsticks
- Plaster Handprint and Footprint Kits
- Baby Booties
- Baby Hats
- Small bottles of hand sanitizer
- Small bottles of lotion
- Small picture frames (for the baby's hospital bed)
- Baby's first haircut holders
- Small teddy bears
- Gas Cards
- Restaurant gift certificates (national chains please)

*As with all fundraisers and events, ALWAYS make sure to follow all local, state and federal laws and always be safe*

**Donate On-Line**  
**<http://www.cdhdonations.org>**

**CHERUBS On The Web**  
**<http://www.cdhsupport.org>**